



# We love having you as part of our flock!

Let's keep in touch! Get important updates via email & text

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This new tool we're using lets you choose what info you'd like to receive - via email or text message - from the various ministries and groups in our church. You can unsubscribe any time.

There are 2 easy ways to connect (pick one):



Visit our church at:

[flocknote.com/StThomasMore29](http://flocknote.com/StThomasMore29)

OR

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Text spiritoflove to 84576  
from your phone to subscribe to updates.

Text STOP to 84576 to stop txt notifications at any time. Text HELP for help. There is no charge for this service, but your carrier message and data rates may apply. View privacy policy & conditions at [www.flocknote.com/txt](http://www.flocknote.com/txt).